

## LCchat December 14, 2011

Weekly chat for breastfeeding professionals and volunteers.

## **Trending Words**

#lcchat, :), @nurturedchild, rt, @nancyholtzman, @stylin\_momma, #breastfeeding, @drjen4kids, &, i'm, one, good, new, @beesandbeanslc, -

## **Event Participants**









































































@MelanieNowlin all solids are game at that age unless there is food intolerance's, or swallowing difficulties. #lcchat

15-Dec-11 04:25 | askthelc



@MelanieNowlin sounds like a sensory preference - does she gag? try single texture food, Dry and crunchy, or wet and pureed. #lcchat

15-Dec-11 04:25 | nancyholtzman



@askthelc 15 months #lcchat

15-Dec-11 04:24 | MelanieNowlin



@MelanieNowlin what age are we talking? #lcchat

15-Dec-11 04:23 | askthelc



@nancyholtzman studies support NOT allowing babies to CIO, so we will have to agree to disagree #lcchat

15-Dec-11 04:23 | askthelc



@MelanieNowlin I used to use a tongue test - if I could dissolve it in my mouth with just my tongue, baby could probably gum it. #Icchat

15-Dec-11 04:22 | callmecass



@NurturedChild @askthelc any suggestions of "very soft" food? like, cheese or.. ? #lcchat

15-Dec-11 04:21 | MelanieNowlin



But not feeding crackers and pudding to 5 month olds. :) #lcchat

15-Dec-11 04:21 | nancyholtzman



@askthelc I used to think that too, but you know, they do turn out okay too. Really. It's just a diff way to parent #lcchat

15-Dec-11 04:20 | nancyholtzman



We in caring professions always want to FIX IT (I know I do). If only she'd.... (fill in). Can't always help, it's hard. #lcchat

15-Dec-11 04:19 | nancyholtzman



@nancyholtzman you're right. She is doing what feels right to her and I respect her as a mother! #LCchat

15-Dec-11 04:18 | babieschoice



@babieschoice the crying will eventually stop and thats the sad part. I call them zombiebabies. #lcchat

15-Dec-11 04:17 | askthelc



@callmecass not only water because that has some value #lcchat

15-Dec-11 04:17 | DesirreAndrews



@babieschoice there are many ways to parent. We're always sure our way is right. hard when parents do what we wouldn't. Their baby. #lcchat

15-Dec-11 04:16 | nancyholtzman



@askthelc it's just sad because the baby has already had a tough fourth trimester. Nonstop crying. #LCchat



@MelanieNowlin I'm game. Shoot. #lcchat

15-Dec-11 04:13 | nancyholtzman



I know. I've been talking about this "Sheet" for over 15 years now. Now it's even online so people know I'm not making it up. #Icchat

15-Dec-11 04:13 | nancyholtzman



@askthelc @NurturedChild My kids all self weaned and ate solids when ready this is such craziness to tell mothers #lcchat

15-Dec-11 04:13 | DesirreAndrews



@askthelc @NurturedChild hey I got an actual question about solids, if anyone has time #lcchat

15-Dec-11 04:13 | MelanieNowlin



@NurturedChild @askthelc my neighbor just started her poor little four month old on rice cereal and sleep trained her too :( #LCchat

15-Dec-11 04:13 | babieschoice



@NurturedChild call me crazy, I waited for child to show interest in solids, which was 12 months GASP! #Icchat

15-Dec-11 04:12 | askthelc



@nancyholtzman when I hear docs telling women to add rice cereal to their expressed milk bottles to have baby sleep longer .. #lcchat

15-Dec-11 04:11 | DesirreAndrews



@nancyholtzman He recommends substituting JUICE for a bottle 2 - 3 times a week starting at 4 mos! \*faints\* #lcchat

15-Dec-11 04:11 | Stylin\_Momma



@askthelc LOL:) #LCchat

15-Dec-11 04:11 | NurturedChild



@nancyholtzman Wow.... #LCchat

15-Dec-11 04:11 | NurturedChild



@callmecass They suggest starting the weaning process at 9 mos so baby is done by 1 year. Arg! #lcchat

15-Dec-11 04:11 | beesandbeanslc



@NurturedChild "research"meaning advertisements from gerber? #lcchat

15-Dec-11 04:10 | askthelc



My sister was told by ped to start her (prem) baby on solids at 4 months based on "latest research". I must have missed something:) #LCchat

15-Dec-11 04:09 | NurturedChild



I can't make this "stuff" up. But I do need to deal with the sequellae. #lcchat

15-Dec-11 04:09 | nancyholtzman



Better sit down before looking. He's like million years old, sheet hasn't changed in 30 years. Notice other docs have own info. #lcchat



RT @DesirreAndrews: It seems women need to more about what breastfeeding is like,pitfalls,overcoming issues & pumping - not anatomy. #LCchat

15-Dec-11 04:06 | onlyzie



@callmecass We have a ped in the area who rec lots of solids at 4 months, by 6 months, meats, and get this: PUDDING and Ice cream. #Icchat

15-Dec-11 04:05 | nancyholtzman



@NurturedChild @askthelc @MelanieNowlin Thankfully mom is totally on top of things, but makes me wonder who else gets that speech? #lcchat

15-Dec-11 04:04 | callmecass



RT @nancyholtzman: FYI my BF chat tom. have guest: S.Casemore, author Exclusively Pumping , and, BF the 2nd Time Around. Noon ET http://t.co/mjRyzLvo #lcchat

15-Dec-11 04:04 | AlbertaRLCs



@callmecass I don't know but stuff like that is certainly rampant. :( #LCchat

15-Dec-11 04:04 | NurturedChild



@askthelc I'm happy to help with pumping/exclusive pumping as well. I work x 15 years with very large pumping population. Very. #lcchat

15-Dec-11 04:03 | nancyholtzman



@callmecass not the AAP or WHO, that is for sure. #lcchat

15-Dec-11 04:03 | askthelc



@NurturedChild thanks Fleur happy holidays! #LCchat goodnight everyone

15-Dec-11 04:03 | babieschoice



@NurturedChild Thank you! #LCchat

15-Dec-11 04:03 | Stylin\_Momma



@MelanieNowlin Had a busy afternoon, but I'll get back to you tomorow! :) #LCchat

15-Dec-11 04:03 | Stylin Momma



Goodnight #LCchat! Happy holidays & see you in the new year! :)

15-Dec-11 04:02 | KimLiving



@nancyholtzman darn, I won't be around at that time. Volunteering in dd's class tomorrow. #LCchat

15-Dec-11 04:02 | NurturedChild



Can I vent for a sec? Met a mom today whose ped suggested she start weaning at 9mo. Luckily mom knew better! Where do docs get this? #Icchat

15-Dec-11 04:02 | callmecass



@Storygyrl That's cool. I've only spoken with Stephanie by phone since I'm Boston, she's Toronto. But she has good niche topic books #lcchat

15-Dec-11 04:02 | nancyholtzman



If any of the lovely ladies of #LCchat would like to be featured in an article (linkbacks to your site/blog) email melanienowlin@ymail.com

15-Dec-11 04:02 | MelanieNowlin



@Drjen4kids midnight constipation call? If u ever get tired of taking the calls I'm a mgr for an after hours pedi triage company:) #lcchat

15-Dec-11 04:00 | askthelc



Happy holidays everyone and I look forward to chatting again in the New Year! #LCchat

15-Dec-11 04:00 | NurturedChild



Thanks for the chat and support! Happy holidays. #Icchat

15-Dec-11 04:00 | NativeMothering



Thank you all for letting me join you tonight! #lcchat

15-Dec-11 04:00 | MelanieNowlin



@askthelc Great! I'm excited about having the great guest. I usually tweet reminders in the morning. It's noon ET. #lcchat

15-Dec-11 03:59 | nancyholtzman



@callmecass Glad you were able to come and say hi. :) #LCchat

15-Dec-11 03:59 | NurturedChild



Good night everyone! Happy Holidays! #lcchat

15-Dec-11 03:59 | HADwiggins



Thanks Fleur! Taught prenatal tonight then house cleaned - next week for sure! RT @NurturedChild @yummiest\_mommy We missed you at #LCchat!

15-Dec-11 03:59 | yummiest\_mommy



Good night and good latch, all! #lcchat

15-Dec-11 03:59 | nancyholtzman



@nancyholtzman awesome, thanks. I will try to stop in. #lcchat

15-Dec-11 03:58 | askthelc



@Drjen4kids Happy Holidays! #LCchat

15-Dec-11 03:58 | NurturedChild



@Stylin\_Momma Goodnight Katy, Go enjoy the rest of your anniversary! #LCchat

15-Dec-11 03:58 | NurturedChild



@NurturedChild @beesandbeanslc Still trying to juggle chat and bedtime - and DH was out tonight so I couldn't sneak away! #LCchat

15-Dec-11 03:58 | callmecass



@DesirreAndrews #lcchat that's great! Me too but with my 3rd...still going

15-Dec-11 03:57 | Mon\_W



@callmecass Wondered where you were tonight:) #lcchat



@DesirreAndrews #LCchat or invite a LaLeche league leader to attend your class @LLLCanada

15-Dec-11 03:56 | Mon\_W



@yummiest\_mommy We missed you at #LCchat! :)

15-Dec-11 03:56 | NurturedChild



RT @nancyholtzman: FYI my BF chat tom. have guest: S.Casemore, author Exclusively Pumping , and, BF the 2nd Time Around. Noon ET http://t.co/mjRyzLvo #lcchat

15-Dec-11 03:56 | beesandbeanslc



Totally late tonight, but stopping by to wave at #lcchat folks. Hi everyone!!

15-Dec-11 03:56 | callmecass



@nancyholtzman Thanks for letting us know! :) #LCchat

15-Dec-11 03:55 | NurturedChild



@nancyholtzman on twitter? if so, what is your #hashtag? #lcchat

15-Dec-11 03:55 | askthelc



FYI my BF chat tom. have guest: S.Casemore, author Exclusively Pumping , and, BF the 2nd Time Around. Noon ET http://t.co/mjRyzLvo #lcchat

15-Dec-11 03:54 | nancyholtzman



Last few minutes of chat. We'll be taking a 2 week break over holidays and resuming on January 4th. Any big plans for the holidays? #LCchat

15-Dec-11 03:54 | NurturedChild



@paola\_camp Welcome! :) #LCchat

15-Dec-11 03:52 | NurturedChild



@babieschoice @Stylin\_Momma That is horrible! #LCchat

15-Dec-11 03:52 | NurturedChild



@paola\_camp \*waves\* hey there! #lcchat

15-Dec-11 03:51 | MelanieNowlin



@Storygyrl Thanks. :) #LCchat

15-Dec-11 03:51 | NurturedChild



Paola, Nutritionist. As @MelanieNowlin watching and learning #LCchat

15-Dec-11 03:51 | paola camp



@babieschoice @Stylin\_Momma what a terrible thing to say! #lcchat

15-Dec-11 03:50 | MelanieNowlin



@beesandbeanslc already have! #lcchat

15-Dec-11 03:50 | Drjen4kids



@Drjen4kids Will the new Joint Commission BF recommendations influence this? #lcchat

15-Dec-11 03:49 | beesandbeanslc



Better late than never? Liz here, LC in Texas #lcchat

15-Dec-11 03:49 | askthelc



@babieschoice Anxious to finish?:) #LCchat

15-Dec-11 03:49 | NurturedChild



@NurturedChild great news about your classes :o) #lcchat

15-Dec-11 03:49 | Storygyrl



RT @babieschoice: New #breastfeeding mothers are so vulnerable. One comment can be killer. #LCchat

15-Dec-11 03:48 | caitfem



Off topic, but I just wanted to share that I am frustrated with not being able to progress fast enough with my IBCLC courses! #LCchat #vent

15-Dec-11 03:47 | babieschoice



RT @DesirreAndrews: It seems women need to more about what breastfeeding is like, pitfalls, overcoming issues & pumping - not anatomy. #LCchat

15-Dec-11 03:47 | KimLiving



@NativeMothering worth trying. Start with getting the job. #lcchat

15-Dec-11 03:47 | Drjen4kids



@Drjen4kids I'll be starting my own classes in the New Year. :) #LCchat

15-Dec-11 03:47 | NurturedChild



@NativeMothering 70-80% of new moms bf. How can they afford to ignore that demand from their patients? And if they do? Loss of \$\$. #lcchat

15-Dec-11 03:46 | Drjen4kids



@NurturedChild good idea :) #LCchat

15-Dec-11 03:46 | babieschoice



Our moms want pumping info in the prenatal bf class. we can cover a little, but that's another entire 3 hour class! #LCchat

15-Dec-11 03:46 | nancyholtzman



@Drjen4kids Maybe I'm making it more complicated that it need be? #lcchat

15-Dec-11 03:46 | NativeMothering



@babieschoice You should let her know and provide her with some. :) #LCchat

15-Dec-11 03:46 | NurturedChild



@NativeMothering talk money. http://t.co/BtAXYboz #lcchat

15-Dec-11 03:45 | Drjen4kids



@Storygyrl ha! You and I posted the same thing at the same time. :) #LCchat

15-Dec-11 03:44 | NurturedChild



@nancyholtzman Most of the hospital classes here are how to be a good patient, not how to successfully breastfeed. :( #LCchat

15-Dec-11 03:43 | Stylin\_Momma



@iamambermccann Public Health Dept has noted that fewer are taking prenatal classes so they have them online now! #lcchat

15-Dec-11 03:43 | Storygyrl



@iamambermccann I find that many prenatal classes teach parents little besides how to be good patients. #LCchat

15-Dec-11 03:43 | NurturedChild



@NurturedChild I really love my OB, but she could give better information about #breastfeeding. Some resources, for example. #LCchat

15-Dec-11 03:43 | babieschoice



I am trying to decide if I want to add a breastfeeding class component to CBE series - been a CLE for years. #LCchat

15-Dec-11 03:43 | DesirreAndrews



@nancyholtzman More moms are attending our class,but we are able to schedule it went they come for WIC coupons:) #lcchat

15-Dec-11 03:43 | beesandbeanslc



@iamambermccann @beesandbeanslc That must have been before my time.... So sorry I missed that one!! #lcchat

15-Dec-11 03:43 | Stylin\_Momma



@iamambermccann Many here take prenatal classes at hospital, learning how to be a good patient more than anything else. #lcchat

15-Dec-11 03:43 | Storygyrl



@NurturedChild When I first started in practice, I volunteered to teach those classes. Awesome way to build my practice!
#lcchat

15-Dec-11 03:42 | Drjen4kids



@Stylin\_Momma @beesandbeanslc and Dr. Hale (one of my favorite sessions) #lcchat

15-Dec-11 03:42 | iamambermccann



@Storygyrl Lucky for them to have an IBCLC teaching the class! :) #LCchat

15-Dec-11 03:42 | NurturedChild



@nancyholtzman I find that almost no one takes a prenatal class...and if they do, it is in a group of 20+ couples. #Icchat

15-Dec-11 03:41 | iamambermccann



@DesirreAndrews That's wonderful. :) #LCchat

15-Dec-11 03:41 | NurturedChild



@Drjen4kids Basically how to pitch a proposal to a doctor. Never been done here. I'm "just" an IBCLC, how to make worth their while? #lcchat



@beesandbeanslc Ours are learning and networking events. We've even had Diane Weissinger come speak :) #lcchat

15-Dec-11 03:40 | Stylin\_Momma



Do a lot of your moms attend prenatal BF classes or get that with their CB classes? So many don't understand the value #LCchat

15-Dec-11 03:39 | nancyholtzman



@babieschoice Agreed! Postnatally, it is sometimes too late. #LCchat

15-Dec-11 03:39 | NurturedChild



A fabulous IBCLC made it possible for me to work through difficult TT issues w/#1 went on to nurse him & other 3 exclusively #lcchat

15-Dec-11 03:39 | DesirreAndrews



This! RT @babieschoice: New #breastfeeding mothers are so vulnerable. One comment can be killer. #lcchat

15-Dec-11 03:39 | HADwiggins



@NurturedChild better information needs to be reaching mothers prenatally. Across the board. #LCchat

15-Dec-11 03:38 | babieschoice



RT @Stylin\_Momma: So true! RT @babieschoice: New #breastfeeding mothers are so vulnerable. One comment can be killer. #LCchat

15-Dec-11 03:38 | NurturedChild



We have coalition meetings but they are always in Denver - #lcchat

15-Dec-11 03:38 | DesirreAndrews



@NurturedChild @Drjen4kids I have the same approach. Give them good info and a place to find support (often all they need) #lcchat

15-Dec-11 03:38 | iamambermccann



So true! RT @babieschoice: New #breastfeeding mothers are so vulnerable. One comment can be killer. #LCchat

15-Dec-11 03:38 | Stylin Momma



@babieschoice What did she say?? #breastfeeding #LCchat

15-Dec-11 03:38 | Stylin\_Momma



@HADwiggins @NurturedChild @Stylin\_Mama I love to see what projects/outreach activities others are doing! #lcchat

15-Dec-11 03:37 | beesandbeanslc



New #breastfeeding mothers are so vulnerable. One comment can be killer. #LCchat

15-Dec-11 03:37 | babieschoice



@Drjen4kids I love when I'm able to see moms prenatally. They often have no need to see me again, which is what I'm aiming for! :) #LCchat

15-Dec-11 03:36 | NurturedChild



The nurse when I had my daughter said something that would have made me give up on #breastfeeding if I hadn't done it with my son #LCchat



@beesandbeanslc We meet once a month and have a big conference every year. Great for networking and continuing ed. #LCchat

15-Dec-11 03:35 | NurturedChild



@babieschoice @NurturedChild I call that the "dazed and confused" appointment. I'm so happy I can be there from the start. #lcchat

15-Dec-11 03:34 | Drjen4kids



@beesandbeanslc We have a strong lc resource group in this area. #lcchat

15-Dec-11 03:34 | HADwiggins



Do you all have state/regional LC meetings? Ohio (OLCA) has Breastfest every March & it is great to network there. #lcchat

15-Dec-11 03:33 | beesandbeanslc



@babieschoice It's heartbreaking to see how upset the mothers are & knowing that it could have been prevented w/better info. #LCchat

15-Dec-11 03:33 | NurturedChild



@NativeMothering The doc you work for, if you get a position, should be able to help you. Most have whole billing departments #lcchat

15-Dec-11 03:33 | Drjen4kids



ugh yes RT @babieschoice: @NurturedChild that seems to be the case all too often. Being steered wrong with misinformation. #LCchat

15-Dec-11 03:33 | DesirreAndrews



Can be a longer road to BFing but will come w/time, strength, growth of baby. Feed so he's healthy, nurse/pump to 10-20% over needs #lcchat

15-Dec-11 03:32 | nancyholtzman



@NurturedChild that seems to be the case all too often. Being steered wrong with misinformation. #LCchat

15-Dec-11 03:31 | babieschoice



@Drjen4kids I want to! I have emails out now, hoping to finally find the Medicaid info I need (reimbursement for dr/supervision) #lcchat

15-Dec-11 03:31 | NativeMothering



@beesandbeanslc Same here. I often see them when they're at the end of their rope. Sometimes can't salvage breastfeeding. #LCchat

15-Dec-11 03:31 | NurturedChild



@light\_uk - Agree with @nurturedchild. I say: 1. Feed the Baby #2. Protect the supply #3 Have "luxury" of time to put it all 2gether #lcchat

15-Dec-11 03:30 | nancyholtzman



@KimLiving Peer support is so important for us as well as the moms! :) #LCchat

15-Dec-11 03:30 | NurturedChild



@Drjen4kids I would LOVE to. @BreastfeedingNY does. #lcchat

15-Dec-11 03:30 | iamambermccann



@NurturedChild Moms are so exhausted and frustrated and have already been given 'advice' and misinformation by the time I see them. #lcchat

15-Dec-11 03:30 | beesandbeanslc



@Light\_UK Depends on lots of different factors. If baby sick and premature may need top ups for a while. Important to keep supply up #LCchat

15-Dec-11 03:28 | NurturedChild



@NurturedChild So true! I'm very grateful for our local group so we can pep talk each other & grow into this role together. #LCchat

15-Dec-11 03:28 | KimLiving



@iamambermccann I am a brand new Netti Pot convert. Avoided for 40<something> years, but now I see the light. #lcchat

15-Dec-11 03:28 | nancyholtzman



@NurturedChild That is hard :( Sometimes I feel like they start to shut down when I try to suggest something to help. #Icchat

15-Dec-11 03:28 | beesandbeanslc



@NurturedChild Fighting a cold...first time one has knocked me out in years. Took Nyquil for first time ever last night. Not again. #lcchat

15-Dec-11 03:27 | iamambermccann



@NurturedChild Seen several of those recently. Hands are practically tied in PC role, too. #lcchat

15-Dec-11 03:27 | NativeMothering



@beesandbeanslc Exactly. I'm aiming for that balance between getting my name out & not overextending myself or giving away too much. #LCchat

15-Dec-11 03:27 | KimLiving



@KimLiving It can be hard too to move from LLLL mentality to business person mentality:) #LCchat

15-Dec-11 03:26 | NurturedChild



@nancyholtzman AMEN! I did that as a mastectomy fitter pre-IBCLC. BUT, I hope we find a way to make it happen in future. #lcchat

15-Dec-11 03:26 | iamambermccann



@KimLiving Yes, I've seen that happen. #LCchat

15-Dec-11 03:26 | NurturedChild



How do I get poorly prem baby boy off bottle top ups? #breastfeeding #bfcafe #LCchat #bfing

15-Dec-11 03:26 | Light\_UK



@iamambermccann Hello! #lcchat

15-Dec-11 03:25 | beesandbeanslc



If you want to work for a Dr, need to know Medicaid reimbursement rules for your state. I've yet to find that info. It's gray area. #Icchat

15-Dec-11 03:25 | NativeMothering



@iamambermccann Hi Amber, how are you? :) #LCchat

15-Dec-11 03:25 | NurturedChild



@nancyholtzman Good info to know! #lcchat

15-Dec-11 03:25 | beesandbeanslc



@iamambermccann Hi! #lcchat

15-Dec-11 03:24 | HADwiggins



@NurturedChild Before this fall, we only had one in the area doing home visits & now there's a group of us. We're all LLL >> #LCchat

15-Dec-11 03:24 | KimLiving



@nancyholtzman Interesting! I'll make some calls on Monday!:) Thanks! #LCchat

15-Dec-11 03:24 | Stylin\_Momma



@KimLiving Agreed. I figure it helps to get my name out & build a reputation. #lcchat

15-Dec-11 03:24 | beesandbeanslc



@NativeMothering If you know the coding diagnosis, that is what they require. RN not required. IBCLC may be. #LCchat

15-Dec-11 03:24 | nancyholtzman



Rolling in late...hello all! #lcchat

15-Dec-11 03:23 | iamambermccann



@Drjen4kids And I wish you were in mine. :) #LCchat

15-Dec-11 03:23 | NurturedChild



@Drjen4kids The continuity of care in our community dramatically improved with hospital LCs referring to BF peer program. #Icchat

15-Dec-11 03:23 | beesandbeanslc



@nancyholtzman I'm trying to navigate my way through the reimbursement maze now. It's not so simple, especially for non-RN. #lcchat

15-Dec-11 03:22 | NativeMothering



@Stylin\_Momma It was slow in the beginning for me too, it takes some time to get your name "out there" #LCchat

15-Dec-11 03:22 | NurturedChild



@beesandbeanslc @stylin\_momma I find that the calls/e-mails have picked up since my certification, which is nice and not, y'know? #LCchat

15-Dec-11 03:22 | KimLiving



Even if client needs to pay up front, knowing that if they have XXXXX insurance, they will be reinbursed with superbill. #LCchat

15-Dec-11 03:22 | nancyholtzman



@Stylin\_Momma Look into that. We had one ins. payer would cover up to 4 visits with IBCLC. Call main ins. co's to ask coverage. #LCchat

15-Dec-11 03:21 | nancyholtzman



@KimLiving OUCH! My 6.5 yr old has done that with the freezer door handle a few times recently.... sucks. #LCchat

15-Dec-11 03:21 | Stylin\_Momma



@KimLiving @NurturedChild Luckily there are plenty of #LCinPP here. So people expect to pay, but getting my name out there is hard. #LCchat

15-Dec-11 03:21 | Stylin\_Momma



@Drjen4kids Wonderful! Would love to do something similar here. I see so many moms who are frustrated by conflicting advice. #LCchat

15-Dec-11 03:20 | NurturedChild



@nancyholtzman I don't know of any. :( #LCchat

15-Dec-11 03:20 | Stylin\_Momma



Also updated the bf policy for all of my medical system. Fingers crossed that all the hospitals buy in! #lcchat

15-Dec-11 03:19 | Drjen4kids



@Drjen4kids AWESOME! What a great resource! #lcchat

15-Dec-11 03:19 | Stylin\_Momma



@stylin\_mama do any area insurance reimburse for LC services? I find some don't want to pay, will only seek "free" help. #LCchat

15-Dec-11 03:19 | nancyholtzman



@Stylin\_Momma @KimLiving Same here: lots of emails from friends, but no PP consults yet. #lcchat

15-Dec-11 03:19 | beesandbeanslc



@NurturedChild @stylin\_momma I feel like, in our area, there have been so few PP LC's that people are balking at the \$. #LCchat

15-Dec-11 03:18 | KimLiving



Did a series of videos this week for all the nurses at my hospital. They have to watch them. Hopefully, more consistent messages. #lcchat

15-Dec-11 03:18 | Drjen4kids



@nancyholtzman Welcome Nancy!:) #LCchat

15-Dec-11 03:18 | NurturedChild



Anyone else feeling the effects of the full moon? I've been really busy with difficult cases and older babies. #LCchat

15-Dec-11 03:18 | NurturedChild



@NurturedChild Definitely. More are coming in for help though instead of weaning abruptly, so that is good. #lcchat

15-Dec-11 03:17 | beesandbeanslc



Hello all! Nancy Holtzman, RN IBCLC , VP Education at Isis Parenting in Boston MA #LCchat

15-Dec-11 03:17 | nancyholtzman



@Stylin\_Momma I'm glad my holistic clients are steady enough that I'm not stressing about it. Much.;) #LCchat

15-Dec-11 03:17 | KimLiving



@KimLiving @NurturedChild what did you do?? #LCchat

15-Dec-11 03:17 | Stylin\_Momma



@NurturedChild Yeah, I think it gives me time to buy into my pregnancy exhaustion;) I work better under pressure... #LCchat

15-Dec-11 03:16 | Stylin\_Momma



Hi! Jolie, here. IBCLC, WIC PC, and BfUSA BC in AL. #lcchat

15-Dec-11 03:15 | NativeMothering



@Stylin\_Momma @NurturedChild back at you! Good to be here. Finally;) #lcchat

15-Dec-11 03:14 | Drjen4kids



@Drjen4kids I think that's an on-going one for everyone in the profession. :) #LCchat

15-Dec-11 03:14 | NurturedChild



@Stylin\_Momma I'm with you in that theme! Lots of helping situations happening, but still waiting on "real" clients. #LCchat

15-Dec-11 03:14 | KimLiving



10.15 am hehe good morning all :p RT @NurturedChild So glad you're able to join us this week! What time is it where you are? #LCchat

15-Dec-11 03:14 | hennyzainal



@MelanieNowlin Very true. Breastfeeding is certainly cheaper! #LCchat

15-Dec-11 03:14 | NurturedChild



@KimLiving Hi Kim! How's your head?;) #LCchat

15-Dec-11 03:13 | NurturedChild



My theme is getting women to trust their bodies, empower them through education and give them resilience from conflicting info. #lcchat

15-Dec-11 03:13 | Drjen4kids



@beesandbeanslc Those ones are so hard for the moms. #LCchat

15-Dec-11 03:13 | NurturedChild



@Drjen4kids Hi! :) Good to see you! #lcchat

15-Dec-11 03:12 | Stylin Momma



@HADwiggins Hi! Glad you could join us. :) #LCchat

15-Dec-11 03:12 | NurturedChild



@Stylin\_Momma I think that where education/promotion may fail, the economy may direct more women to bfing #lcchat

15-Dec-11 03:11 | MelanieNowlin



@MelanieNowlin Glad you could join us. :) #LCchat

15-Dec-11 03:11 | NurturedChild



@NurturedChild Nope. That was last week, nothing this week. I got another call last week, but she hasn't returned my call... #LCchat

15-Dec-11 03:11 | Stylin\_Momma



@Drjen4kids Yay! Jenny's here! :) #LCchat

15-Dec-11 03:11 | NurturedChild



I'm Katy, LLL, IBCLC, #bfcafe hostess, store owner, mom to 2.3 living in Baltimore, MD. :) #lcchat

15-Dec-11 03:10 | Stylin\_Momma



Theme of the week has been a two-fer: bad latches resulting in nipple trauma and lowered milk supply. #lcchat

15-Dec-11 03:09 | beesandbeanslc



Melanie Nowlin, columnist. Watching and learning :-) #lcchat

15-Dec-11 03:09 | MelanieNowlin



Kim Johnstone, IBCLC/holistic health practitioner in private practice in Edmonton, Alberta. #LCchat

15-Dec-11 03:08 | KimLiving



@beesandbeanslc Thank you. #lcchat

15-Dec-11 03:08 | Stylin\_Momma



JoEllen, IBCLC with WIC & LC in PP in a rural area. #lcchat

15-Dec-11 03:08 | beesandbeanslc



@hennyzainal So glad you're able to join us this week! What time is it where you are? #LCchat

15-Dec-11 03:08 | NurturedChild



My theme of the week is babies with really bad latches and moms who don't notice until the weight check at the dr's is really low. #lcchat

15-Dec-11 03:08 | HADwiggins



@DesirreAndrews Glad you could join us! :) #LCchat

15-Dec-11 03:08 | NurturedChild



@NurturedChild posterior TT is great, i have 1 this week :p #LCchat

15-Dec-11 03:07 | hennyzainal



@NurturedChild I saw a TT right after birth - so far have not heard it was bothering mama - stretchy tongue, latch looked good #LCchat

15-Dec-11 03:07 | DesirreAndrews



No topic planned tonight but I'd love to talk a bit about helping when breastfeeding doesn't work out. Had some heartbreaking cases #LCchat

15-Dec-11 03:06 | NurturedChild



Desirre Andrews Lactation Edu/trained by an IBCLC/pump rentals #lcchat

15-Dec-11 03:06 | DesirreAndrews



Welcome to chat everyone! Please introduce yourself. Anyone have a theme of the week? Mine is posterior TT. 3 of them this week! #LCchat

15-Dec-11 03:05 | NurturedChild



@Stylin\_Momma Happy anniversary! :) #lcchat

15-Dec-11 03:04 | beesandbeanslc



@Stylin\_Momma congrats on your anniversary! our baby was born 1 day b4 the anniversary of the day we met the year before lol #lcchat

15-Dec-11 02:57 | MelanieNowlin



@Stylin\_Momma me too I was preg on our 6 month anniversary #LCchat

15-Dec-11 02:57 | DesirreAndrews



@NurturedChild Absolutely! Though I was pregnant before our 1st anniversary, so we've never had a kid free one to compare it to ;) #LCchat

15-Dec-11 02:56 | Stylin\_Momma



@DesirreAndrews Thank you! #lcchat

15-Dec-11 02:55 | Stylin\_Momma



@Stylin\_Momma Happy Anniversary!! Amazing how things change when you have kids isn't it. :) #LCchat

15-Dec-11 02:54 | NurturedChild



@Stylin\_Momma happy anniversary #lcchat

15-Dec-11 02:53 | DesirreAndrews



I'll be around for the first few minutes of #lcchat. It's our wedding anniversary, but DH is calming the toddler with a scary dream...

15-Dec-11 02:53 | Stylin\_Momma



RT @FeedYourBaby: Really proud of @ILCA1985 for stronger ad policy in support of #WHOCode & #breastfeeding babies. #LCchat

15-Dec-11 02:37 | NurturedChild



@hennyzainal Yes, #LCchat is in about half an hour. :) Glad to hear that someone offered you a copy of the book, that's great!

15-Dec-11 02:36 | NurturedChild



RT @NurturedChild: #LCchat in 45 minutes! Last one before the holidays. Who's staying up tonight? :) #ibclc #lcinpp

15-Dec-11 02:28 | beesandbeanslc



@NurturedChild I'll b there :) #LCchat

15-Dec-11 02:19 | babieschoice



RT @NurturedChild: #LCchat in 45 minutes! Last one before the holidays. Who's staying up tonight? :) #ibclc #lcinpp

15-Dec-11 02:18 | DesirreAndrews



#LCchat in 45 minutes! Last one before the holidays. Who's staying up tonight?:) #ibclc #lcinpp

15-Dec-11 02:17 | NurturedChild



Great one day conf. coming up in Huntsville AL next month. Cheap CERPs and nursing CEUs! http://t.co/sFw16ml5 #lcchat #ibclc #lcinpp #nurse

15-Dec-11 01:44 | NativeMothering



RT @BF\_USA: Breastfeeding USA is 1! Please donate, join, or volunteer and help us reach more moms this year http://t.co/KiPPXRNa #bfing #bfcafe #lcchat

15-Dec-11 00:49 | NativeMothering



RT @TheLactivista: Huge kudos to ILCA for taking major steps in supporting the WHO Code with its new advertising policy. #breastfeeding #lcchat

14-Dec-11 19:50 | KimLiving



@TheLactivista I sent the entire board a thank you email today. Hope it reinforces that they made the right decision. #breastfeeding #lcchat

14-Dec-11 19:31 | Stylin\_Momma



RT @TheLactivista: Huge kudos to ILCA for taking major steps in supporting the WHO Code with its new advertising policy. #breastfeeding #lcchat

14-Dec-11 19:30 | Stylin\_Momma



Huge kudos to ILCA for taking major steps in supporting the WHO Code with its new advertising policy. #breastfeeding #lcchat

14-Dec-11 19:29 | TheLactivista



@target I'd love to hear your response to this #breastfeeding #mom's run in at your store http://t.co/8fccTyxl #lcchat #birthgenius Plz rt

14-Dec-11 18:20 | birthactivist



RT @FeedYourBaby: Really proud of @ILCA1985 for stronger ad policy in support of #WHOCode & #breastfeeding babies. This supports me too & feels great! #lcchat

14-Dec-11 18:08 | miyakowasureLC



RT @FeedYourBaby: Really proud of @ILCA1985 for stronger ad policy in support of #WHOCode & #breastfeeding babies. This supports me too & feels great! #lcchat

14-Dec-11 17:19 | ILCA1985



Breastfeeding USA is 1! Please donate, join, or volunteer and help us reach more moms this year http://t.co/KiPPXRNa #bfing #bfcafe #lcchat

14-Dec-11 16:21 | BF\_USA



Really proud of @ILCA1985 for stronger ad policy in support of #WHOCode & #breastfeeding babies. This supports me too & feels great! #lcchat

14-Dec-11 15:11 | FeedYourBaby



Looking forward to #lcchat tonight!

14-Dec-11 14:16 | HADwiggins



I use baby massage w/ every #breastfeeding consult as a gentle way to wake a sleepy newbie. Great teaching/oxytocin op for mama too! #lcchat

14-Dec-11 00:55 | FeedYourBaby



I use baby massage with every consult as a gentle way to wake a sleepy new baby. Great teaching/oxytocin opportunity for mama too! #lcchat

14-Dec-11 00:53 | FeedYourBaby