

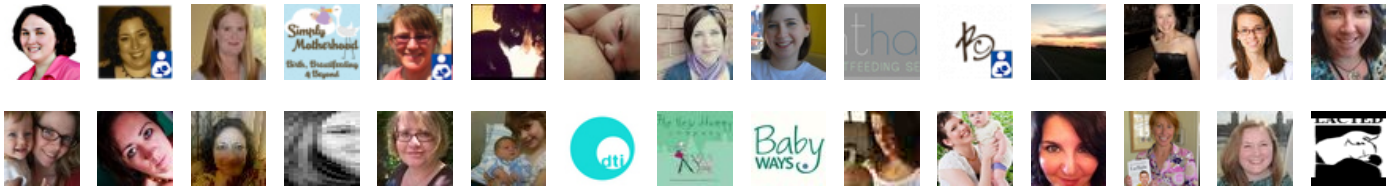
LCchat Jan 25, 2012

Weekly chat for professionals and volunteers working with breastfeeding moms.

Trending Words

#lcchat, :), @nurturedchild, i'm, -, rt, @iamambermccann, #lcinpp, @robinpregnancy, &, love, @callmecass, work, more,

Event Participants





@callmecass You totally should! Tell me about your field #LCchat

26-Jan-12 04:07 | RobinPregnancy



@HADwiggins G'night! Looking forward to seeing you in February!! #lcchat

26-Jan-12 04:07 | callmecass



@SimplyMotherInc I hope so too! Yes, good point about flexibility - one of the things I especially like! #lcinpp #lcchat

26-Jan-12 04:06 | callmecass



@RobinPregnancy Yes it is. :) I'm president of our local association of IBCLCs as well, so it keeps me busy. #LCchat

26-Jan-12 04:05 | NurturedChild



@callmecass @NurturedChild hope not too sick :-(the beauty of #lcinpp is we can work around our own families schedule. :-) #lcchat

26-Jan-12 04:05 | SimplyMotherInc



@SimplyMotherInc Exciting! :) #LCchat

26-Jan-12 04:04 | NurturedChild



@NurturedChild Thanks so much Fleur! Night all! #lcchat

26-Jan-12 04:03 | HADwiggins



@callmecass Health policy - focus on lactation for dissertation #LCchat

26-Jan-12 04:03 | RobinPregnancy



Received my shipment of brochures and rack cards so need to work on my marketing. #lcchat

26-Jan-12 04:03 | SimplyMotherInc



@RobinPregnancy Thanks! Hey, I didn't know you were looking at a PhD - you go, busy lady! So... PhD in what? #LCchat

26-Jan-12 04:03 | callmecass



@NurturedChild Night ladies! #LCchat

26-Jan-12 04:02 | RobinPregnancy



@NurturedChild Good luck with all that. It's hard to balance, current/future work sometimes #LCchat

26-Jan-12 04:02 | RobinPregnancy



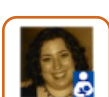
We've reached the end of chat and I'm exhausted tonight, so heading to bed. :) Look forward to chatting next week! #LCchat

26-Jan-12 04:02 | NurturedChild



@callmecass Sorry about the sick kids! #LCchat

26-Jan-12 04:02 | RobinPregnancy



@NurturedChild Thanks, me too. I'm hoping it's just a cold and I'm taking lots of herbs and such so I don't get it too. #LCchat

26-Jan-12 04:02 | callmecass



@RobinPregnancy LOL :) #LCchat

26-Jan-12 03:59 | NurturedChild



@NurturedChild a friend said they change it almost every year for the last 30, now they are back to what they taught 30 yrs ago! #lcchat

26-Jan-12 03:59 | HADwiggins



@NurturedChild Keeps me off the streets ;-) #LCchat

26-Jan-12 03:58 | RobinPregnancy



@BreastfeedingNY I definitely cancel. Parents are so appreciative that I'm not going near their newborn while sick. #lcchat #lcinpp

26-Jan-12 03:58 | SimplyMotherInc



@RobinPregnancy Sounds busy! :) #LCchat

26-Jan-12 03:58 | NurturedChild



@HADwiggins I need to do that too because they've changed it again! #LCchat

26-Jan-12 03:57 | NurturedChild



@BreastfeedingNY I reschedule or refer elsewhere if issue can't wait. Usually moms are understanding, they don't want a sick baby! #LCchat

26-Jan-12 03:57 | NurturedChild



Finished my PhD app, applied for poster presentation on some #bfing data and study for exam #lcchat

26-Jan-12 03:57 | RobinPregnancy



@iamamermccann @NurturedChild Thanks #LCchat

26-Jan-12 03:56 | RobinPregnancy



@ashleybenz That sounds great! I hope it makes a difference for you. I find having a website is important. #LCchat

26-Jan-12 03:55 | NurturedChild



I have a bad chest cough and may have to cancel a consult tomorrow. :(Feel bad. What do you all do when that happens. #lcchat

26-Jan-12 03:55 | BreastfeedingNY



@Ancient_Harmony That would be wonderful! #lcchat

26-Jan-12 03:54 | HADwiggins



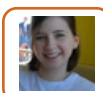
@RobinPregnancy <http://t.co/a9LLWllg> #lcchat

26-Jan-12 03:54 | iamamermccann



Last few minutes of chat. What does everyone have planned for the rest of the week? #LCchat

26-Jan-12 03:54 | NurturedChild



@NurturedChild - Talking to local midwives, mostly. Just got a new website and rebrand to start pounding the pavement w doctors #lcchat

26-Jan-12 03:54 | ashleybenz



@HADwiggins Would certainly love to meet you! :) #LCchat

26-Jan-12 03:50 | NurturedChild



@NurturedChild - Yes, one big boutique and several other sole props. #lcchat

26-Jan-12 03:50 | ashleybenz



@RobinPregnancy <http://t.co/R2XejLml> #LCchat

26-Jan-12 03:50 | NurturedChild



@Ancient_Harmony I'm sorry to hear that, I would love to talk to you further! #lcchat

26-Jan-12 03:50 | HADwiggins



@ashleybenz Are there other private practice LCs in your area? #LCchat

26-Jan-12 03:49 | NurturedChild



RT @NurturedChild: Here's a link to Joy's study. Conclusion was babies should be weighed at 24hrs
<http://t.co/EV2aSYja> #LCchat

26-Jan-12 03:49 | BeauChoix



@iamambergmccann I agree!!! I will be there. #lcinpp #lcchat

26-Jan-12 03:49 | SimplyMotherInc



@iamambergmccann Link to conference? #lcchat

26-Jan-12 03:48 | RobinPregnancy



I can't, but my friend/colleague/business partner-ish person will be. She's promised to give me a full report!!
#lcinpp
#lcchat

26-Jan-12 03:48 | Ancient_Harmony



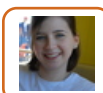
@RobinPregnancy Good luck! #LCchat

26-Jan-12 03:48 | NurturedChild



@NurturedChild so hoping to be at ILCA to hear you! ~fingers crossed and saving up~ #lcchat

26-Jan-12 03:48 | HADwiggins



@NurturedChild - That's been my strategy for about 1.5 years, it's getting exhausting. Gotta put the good stuff out there, I guess. #lcchat

26-Jan-12 03:48 | ashleybenz



@iamambergmccann Hoping to attend next year, but this year presenting at ILCA so money going towards that.
#LCchat

26-Jan-12 03:47 | NurturedChild



ok...make that Twitter LIST! #lcchat

26-Jan-12 03:46 | iamambergmccann



I'm trying to focus on a big exam next month for my #publichealth degree #lcchat

26-Jan-12 03:46 | RobinPregnancy



@iamambermccann I will be there! #lcchat

26-Jan-12 03:44 | HADwiggins



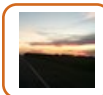
@iamambermccann Can't make it unfortunately. :(#LCchat

26-Jan-12 03:43 | NurturedChild



? How do you handle questions that don't lead to consults (even from practitioners?) #lcchat

26-Jan-12 03:43 | ashleybenz



RT @TheLeakyBoob: #Breastfeeding and biting <http://t.co/dYaiLv9O> experience, practical tips, and information. #bfing #bfcafe #LcChat #babies

26-Jan-12 03:43 | speedytot



Here's a link to Joy's study. Conclusion was babies should be weighed at 24hrs <http://t.co/EV2aSYja> #LCchat

26-Jan-12 03:43 | NurturedChild



@iamambermccann Tell me more... #lcinpp #lcchat

26-Jan-12 03:42 | RobinPregnancy



Who all is coming to the Private Practice conference in Philly? #lcinpp #lcchat

26-Jan-12 03:42 | iamambermccann



Ok nursing fell asleep w.o me. I need to be careful or she won't care anymore. #lcchat

26-Jan-12 03:41 | RobinPregnancy



@Ancient_Harmony Yes, exactly, even if you can do the coursework online, the clinicals need to be done in person, and with an RH. #lcchat

26-Jan-12 03:40 | HADwiggins



@NurturedChild So excited to see her research! #lcchat

26-Jan-12 03:39 | iamambermccann



@HADwiggins I agree. I think that this might be one of those goals that will need to wait until kiddos are a bit older :) #lcchat

26-Jan-12 03:39 | Ancient_Harmony



@RobinPregnancy Goodnight Robin :) #LCchat

26-Jan-12 03:38 | NurturedChild



For anyone who missed my tweet earlier today, be sure to follow @NewbornWLStudy. Joy is doing some wonderful research! #LCchat

26-Jan-12 03:38 | NurturedChild



@callmecass EXACTLY why I do it this way!!!!!!!!!!!!!! #lcchat

26-Jan-12 03:38 | iamambermccann



Thanks for confirming I'm not alone this week! #lcchat

26-Jan-12 03:37 | RobinPregnancy



@RobinPregnancy I was late picking my kids up today even tho I was parked outside of school early b/c I tried to answer a phone call #lcchat

26-Jan-12 03:35 | callmecass



True!! RT @iamambermccann: Yes, we look like idiots when we, as professionals, link, share and retweet w/out reading and thinking. #LCchat

26-Jan-12 03:35 | NurturedChild



@HADwiggins Where did you study? In my super-quick, online search, the choices were overwhelming! #lcchat

26-Jan-12 03:35 | Ancient_Harmony



@callmecass What?!? late? heheh I live that way these days. :-) #lcchat

26-Jan-12 03:35 | RobinPregnancy



@iamambermccann I'm using it more as a cushion so I'm not paranoid that I'll be a few minutes late (which I often am in daily life) #lcchat

26-Jan-12 03:34 | callmecass



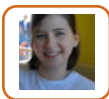
A great article about craniosacral therapy and #breastfeeding: <http://t.co/5m0CyfBC> #LCchat

26-Jan-12 03:34 | NurturedChild



Yes, we look like idiots when we, as professionals, link, share and retweet w/out reading and thinking. #lcchat

26-Jan-12 03:34 | iamambermccann



@ClairFabrizio - I think postpartum doula work requires a more intense humbling of yourself and... it's more boring than birth work? #lcchat

26-Jan-12 03:34 | ashleybenz



@callmecass :) Works for me...though I try to show up on the early side of the window or I end up w/ frantic babies! #lcchat

26-Jan-12 03:33 | iamambermccann



@Ancient_Harmony I have studied herbs and would love to, but there are very limited places to go for hands on training around me. #lcchat

26-Jan-12 03:33 | HADwiggins



@ClairFabrizio Some days I think I'm getting too tired to do birth work! #lcchat

26-Jan-12 03:33 | RobinPregnancy



@ashleybenz birth is so amazing & interesting! What do you think are the most challenging parts of being a postpartum doula? #lcchat

26-Jan-12 03:32 | ClairFabrizio



@NurturedChild And it's NOT from the CDC. #LCchat

26-Jan-12 03:32 | RobinPregnancy



Has anybody else considered becoming an herbalist + IBCLC? #lcchat

26-Jan-12 03:31 | Ancient_Harmony



@robinpregnancy yes, I wish I could handle it! I love the idea of it, but I can't keep my head from spinning and blacking out! #lcchat

26-Jan-12 03:31 | ClairFabrizio



@iamambermccann I was just thinking about you when I booked a client & gave a window instead of single time for appt. #lcchat

26-Jan-12 03:29 | callmecass



@callmecass I would love that! I love the pregnancy stage & the postpartum stage, but the actual birth, I have fainting trouble! #lcchat

26-Jan-12 03:28 | ClairFabrizio



@ashleybenz Welcome! Glad you could join us. :) #LCchat

26-Jan-12 03:28 | NurturedChild



@NurturedChild Thanks! #LCchat

26-Jan-12 03:27 | RobinPregnancy



@RobinPregnancy I am frustrated too, we can't start a useful dialogue if we are the only ones at the table talking about the issue. #lcchat

26-Jan-12 03:27 | HADwiggins



@lactationwhiz If it's done by a massage therapist, and insurance policies that cover massage will cover it. #LCchat

26-Jan-12 03:27 | NurturedChild



Hi all - Private practice IBCLC in KY here :) #lcchat

26-Jan-12 03:26 | ashleybenz



@iamambermccann I'm glad to hear you say that, I thought I was the only one. #lcchat

26-Jan-12 03:26 | RobinPregnancy



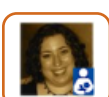
@Ancient_Harmony Glad you could join us! Remember to add the hashtag #LCchat so we can all see your posts. :)

26-Jan-12 03:26 | NurturedChild



@RobinPregnancy I know...and it is really getting me frustrated. #lcchat

26-Jan-12 03:25 | iamambermccann



@ClairFabrizio With nanny experience and passion for moms/babies, might consider training & work as postpartum doula? #lcchat

26-Jan-12 03:25 | callmecass



@NurturedChild I love my LLL group, so it seems like it would be a good fit. :) #lcchat

26-Jan-12 03:25 | tea4tamara



I'm actually only see "us" sending that study around. #lcchat

26-Jan-12 03:25 | RobinPregnancy



Anyone fielding questions this week about vaccines and breastfeeding in the wake of the latest study on rotavirus? #LCchat

26-Jan-12 03:24 | NurturedChild



@NurturedChild I refer to a local chiro sometimes. We took our babies to CST and I think it can really help, but it's very \$\$ here. #LCchat

26-Jan-12 03:23 | callmecass



@MaryLouBCLC Might be a milk blister - very painful!! Some more ideas here <http://t.co/Uv9sqsuw> #LCchat

26-Jan-12 03:21 | NurturedChild



@iamambermccann #lcchat we did CST with our wee oneI think it helped

26-Jan-12 03:20 | Mon_W



@clairfabrizio I'm just starting out too. I'm taking my first class now and looking at becoming a LLL leader for the hours. #lcchat

26-Jan-12 03:20 | tea4tamara



@NurturedChild It can be hands on or off, I do mainly hands on & I work from framework of the chakra system. It's very neat stuff! #LCchat

26-Jan-12 03:20 | KimLiving



@iamambermccann I went for CST for the same reason, so I could see what it was like, & I kept going b/c it helps my migraines. #LCchat

26-Jan-12 03:19 | NurturedChild



#LCchat hi ladies have a mom with painful dot on nipple two months looks like could b plug - lecithin warm compress baby on back - ideas?

26-Jan-12 03:19 | MaryLouBCLC



@ClairFabrizio My blog is a little neglected at the moment, but here's the link :) <http://t.co/774Zyv6x> #LCchat

26-Jan-12 03:19 | NurturedChild



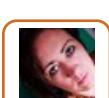
I've referred more clients to chiropratic than CST...but I think I need to go for some CST sessions so I understand more. #lcchat

26-Jan-12 03:18 | iamambermccann



@KimLiving It sounds similar to craniosacral therapy. Is it hands on? #LCchat

26-Jan-12 03:18 | NurturedChild



@NurturedChild I need to find a local CST practitioner. I figure I'd better indulge in trying them out personally so I can refer. ;) #LCchat

26-Jan-12 03:18 | KimLiving



@ClairFabrizio WOOT!!!!!!!!!!!!!! :) #lcchat

26-Jan-12 03:17 | iamambermccann



@NurturedChild I'd love any book, blog or volunteering ideas! I want to hear yalls stories! #lcchat

26-Jan-12 03:17 | ClairFabrizio



@BreastfeedingNY waving back! Glad you could make it. :) #LCchat

26-Jan-12 03:17 | NurturedChild



@ClairFabrizio A wonderful book! I love the latching pictures and use them regularly with my clients. :) #LCchat

26-Jan-12 03:16 | NurturedChild



@NurturedChild yes & no. Was a nanny up until 2 years ago. I'm in the process of researching. My next step is volunteering! #lcchat

26-Jan-12 03:16 | ClairFabrizio



@ClairFabrizio Glad you're joining us! :) Do you work with moms and babies at the moment? #LCchat

26-Jan-12 03:14 | NurturedChild



@NurturedChild I'll be listening in tonight! Im a LC wanna be. No children, just a passion for woman and their babies. #lcchat

26-Jan-12 03:12 | ClairFabrizio



@iamambermccann Yay! Glad you're joining us. :) #LCchat

26-Jan-12 03:11 | NurturedChild



@KimLiving What is Reiki? I've heard of it, but don't really know what it is. #LCchat

26-Jan-12 03:11 | NurturedChild



@NurturedChild YUP...slowly making my way over here! Hi all! #lcchat

26-Jan-12 03:10 | iamambermccann



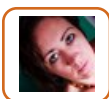
@Stylin_Momma Hi Katy! We're sad you're missing it too. :) #LCchat

26-Jan-12 03:10 | NurturedChild



@iamambermccann LOL :) Are you joining us for #LCchat tonight?

26-Jan-12 03:09 | NurturedChild



@NurturedChild I offer Reiki and reflexology sessions, and I do flower essence consultations. No overlap yet but that's my dream! #LCchat

26-Jan-12 03:09 | KimLiving



At a meeting tonight, sad I'm missing #lcchat! Hi ladies! :)

26-Jan-12 03:09 | Stylin_Momma



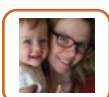
@tea4tamara Glad you're joining us! :) #LCchat

26-Jan-12 03:08 | NurturedChild



@KimLiving What sort of holistic work do you do? Do you find there's an overlap with your LC clients? #LCchat

26-Jan-12 03:08 | NurturedChild



I'm a mama of two, an IBCLC wannabe, and I'll be lurking here tonight. :) #lcchat

26-Jan-12 03:07 | tea4tamara



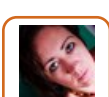
@KimLiving Exciting for sure! :) #LCchat

26-Jan-12 03:07 | NurturedChild



@lactationwhiz Hello! :) Welcome to #LCchat.

26-Jan-12 03:07 | KimLiving



@NurturedChild I've been busy with holistic clients this week. Not so much with the LC clients, but I'm happy not to be swamped. #LCchat

26-Jan-12 03:07 | KimLiving



RT @NurturedChild: Welcome to chat! Who's joining us tonight? Please introduce yourself. :) #LCchat

26-Jan-12 03:05 | KimLiving



@NurturedChild I'm excited that I'm not only here but that my super overtired toddler is snoring happily in bed. :) #LCchat

26-Jan-12 03:05 | KimLiving



@tea4tamara Feel free to jump in and ask questions, it's a great way to learn more about the profession. #LCchat

26-Jan-12 03:05 | NurturedChild



@KimLiving Yay! Hi Kim. :) I was starting to think I was on my own tonight! #LCchat

26-Jan-12 03:04 | NurturedChild



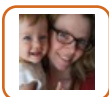
@NurturedChild I'm here! :) I'm Kim, IBCLC and Holistic Health Practitioner - and mama of 3. :) #LCchat

26-Jan-12 03:02 | KimLiving



Welcome to chat! Who's joining us tonight? Please introduce yourself. :) #LCchat

26-Jan-12 03:01 | NurturedChild



@NurturedChild I've started a biology course - my first step towards becoming a IBCLC! :D Someday I'll be joining you all for the #LCchat

26-Jan-12 02:58 | tea4tamara



5 minutes until #LCchat!

26-Jan-12 02:56 | NurturedChild



@RobinPregnancy LOL me too! :) #LCchat

26-Jan-12 02:22 | NurturedChild



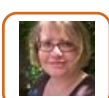
#lcchat in about 40 mins - taking bets on whether or not I can stay awake!

26-Jan-12 02:20 | RobinPregnancy



#LCchat tonight at 10pm EST. If you work or volunteer with #breastfeeding moms, please join us! #ibclc #lcinpp #doulaparty #birthgenius

26-Jan-12 01:22 | NurturedChild



I just searched through my old emails for 'burning nipples'. Sometimes being an #ibclc is weird. #lcchat #mademyselflaugh

25-Jan-12 20:58 | moonflowerlc



RT @TheLeakyBoob: #Breastfeeding and biting <http://t.co/dYailv9O> experience, practical tips, and information. #bfing #bfcafe #LcChat #babies

25-Jan-12 15:25 | bfwohm



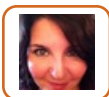
RT @NurturedChild: Welcome @NewbornWLStudy to Twitter! Joy is an amazing woman doing wonderful research on normal newborn weight loss. #ibclc #lcinpp #LCchat

25-Jan-12 14:38 | KimLiving



RT @RobinPregnancy: Another handout on #safesleep for #parents <http://t.co/ApimKUsd> #maypam @upityscichick #doulaparty #lcchat

25-Jan-12 14:26 | DoulaTrainingsI



RT @RobinPregnancy: Another handout on #safesleep for #parents <http://t.co/ApimKUsd> #maypam @upityscichick #doulaparty #lcchat

25-Jan-12 05:25 | DesirreAndrews



RT @NurturedChild: #LCchat Wed night at 10pm EST. #breastfeeding professionals & volunteers join us! #IBCLC #lcinpp #birthgenius #doulaparty

25-Jan-12 04:19 | NutrCareAutism



RT @NurturedChild: #LCchat tomorrow night at 10pm EST. #breastfeeding professionals & volunteers please join us! #IBCLC #lcinpp #birthgenius #doulaparty

25-Jan-12 04:13 | KKonradLCCE



RT @RobinPregnancy: Another handout on #safesleep for #parents <http://t.co/ApimKUsd> #maypam @upityscichick #doulaparty #lcchat

25-Jan-12 04:11 | lacted



RT @NurturedChild: #LCchat tomorrow night at 10pm EST. #breastfeeding professionals & volunteers please join us!

25-Jan-12 04:10 | RobinPregnancy



#LCchat tomorrow night at 10pm EST. #breastfeeding professionals & volunteers please join us! #IBCLC #lcinpp #birthgenius #doulaparty

25-Jan-12 04:08 | NurturedChild



Another handout on #safesleep for #parents <http://t.co/ApimKUsd> #maypam @upityscichick #doulaparty #lcchat

25-Jan-12 04:04 | RobinPregnancy